

NEW SMYRNA BEACH

April '92







WALT DISNEY

Resort Vacations

APRIL 1992



Mr. Anthony DeAngelis,

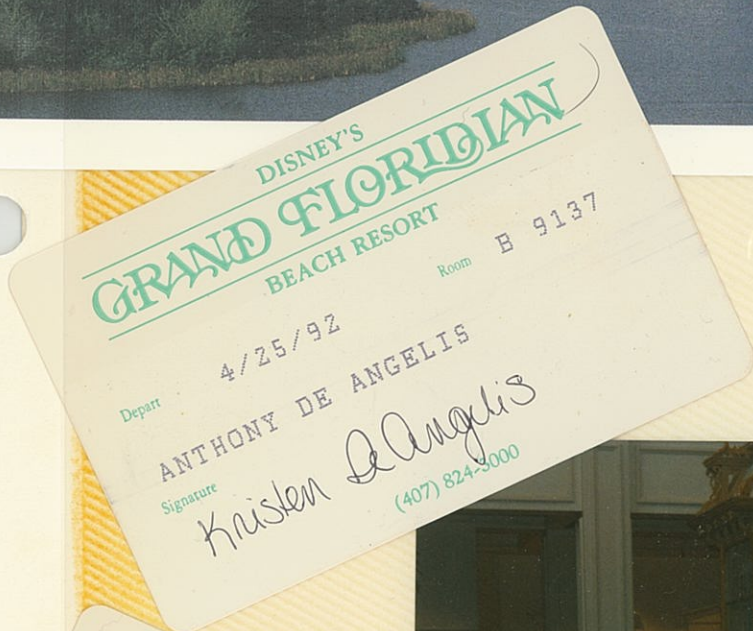
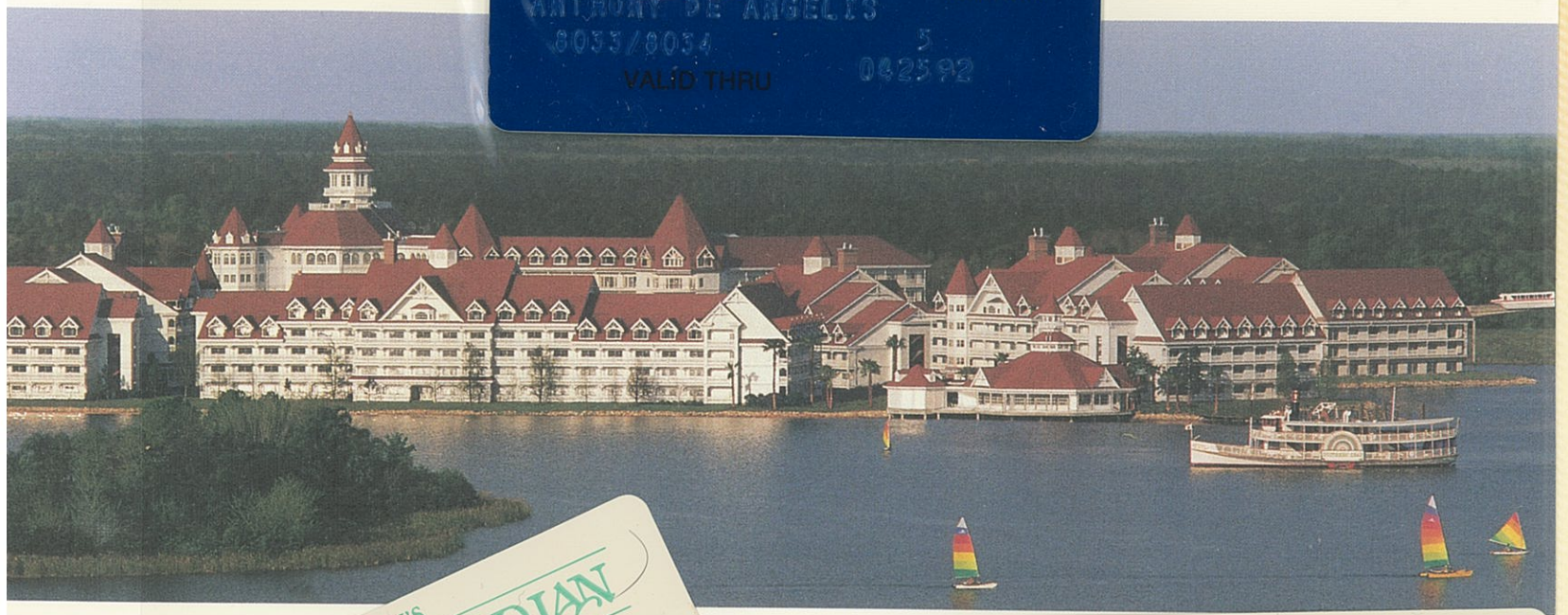
Welcome to Disney's Grand Floridian Beach Resort!

As our special guest, we hope that this conveys our sincere wishes for an extended "Grand" stay.

Should you require any assistance, feel free to contact my office.

George A. Kalogridis
General Manager

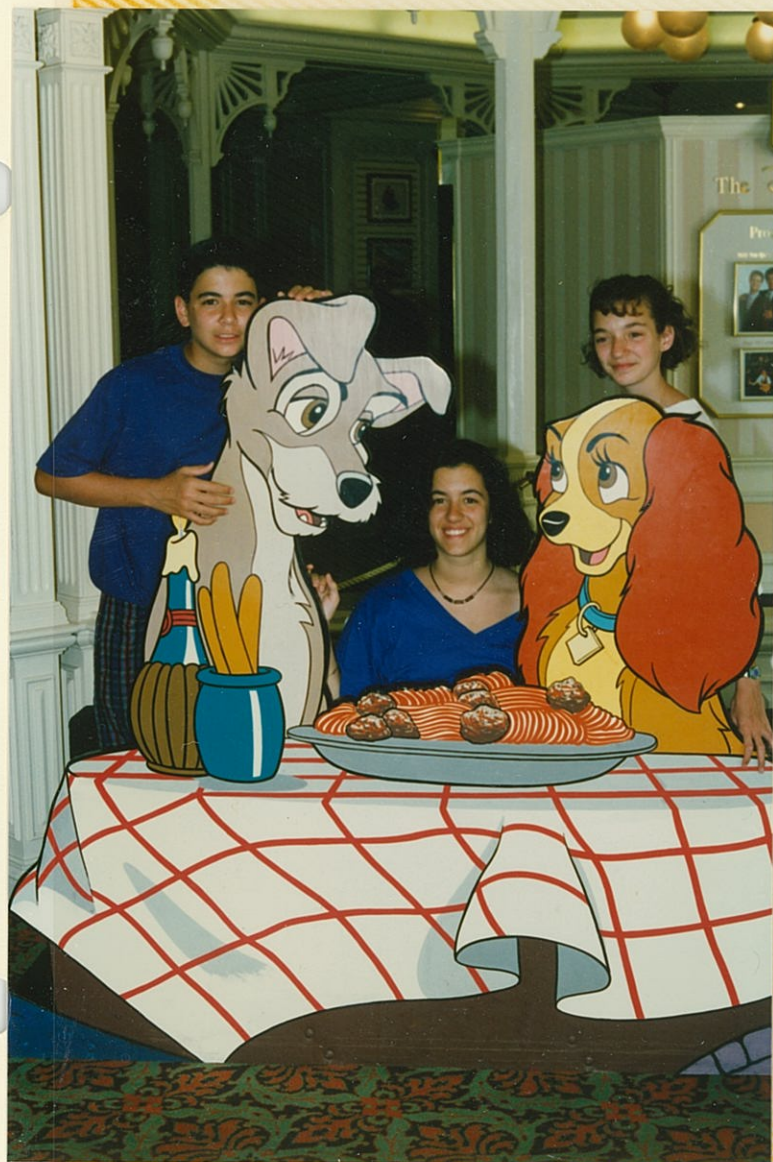


















"BASFUL" ??
I DON'T think so!







**COMEDY
WAREHOUSE**

Souvenir Voucher
Special Discount
See Your Server



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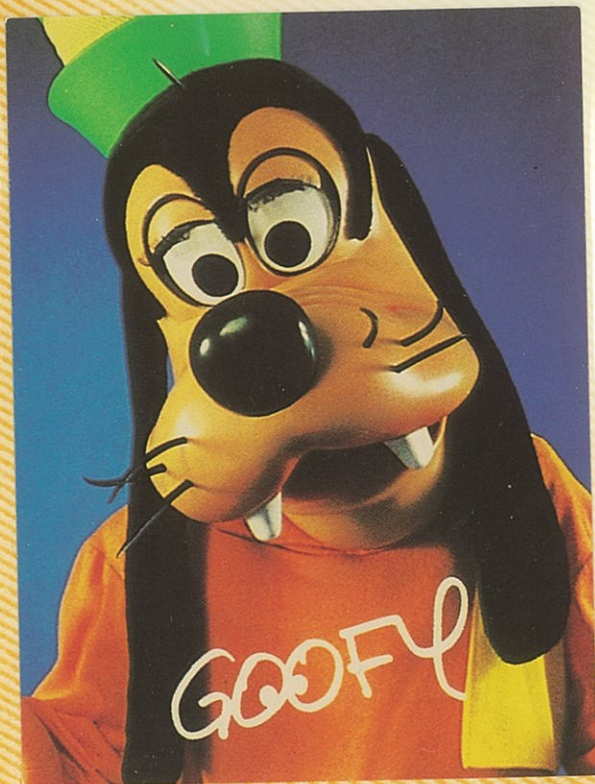




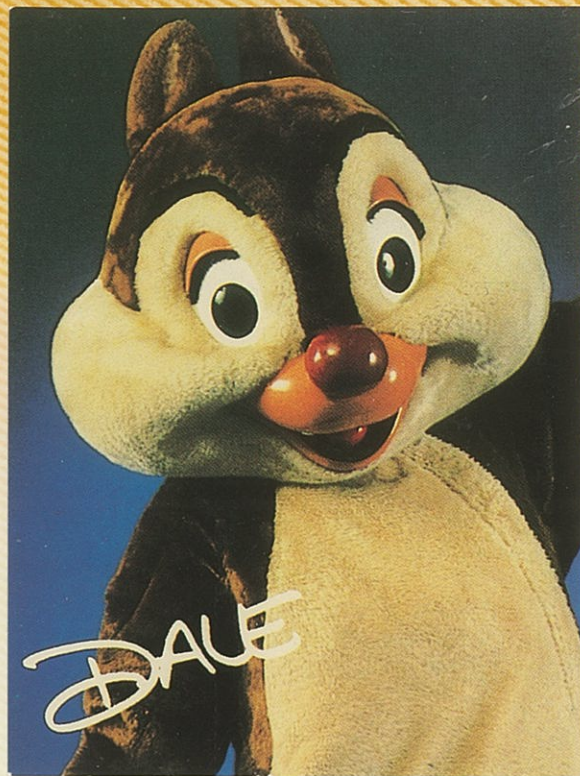


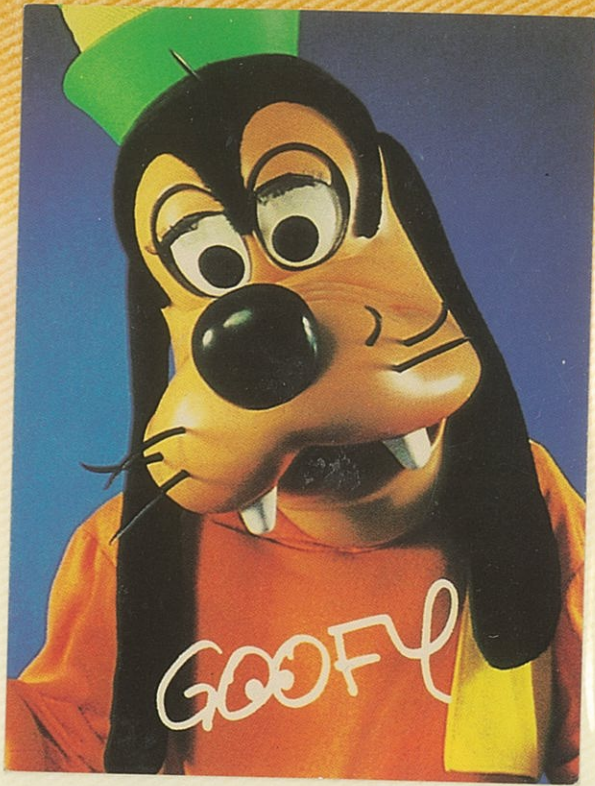
Meals
With
the
Characters

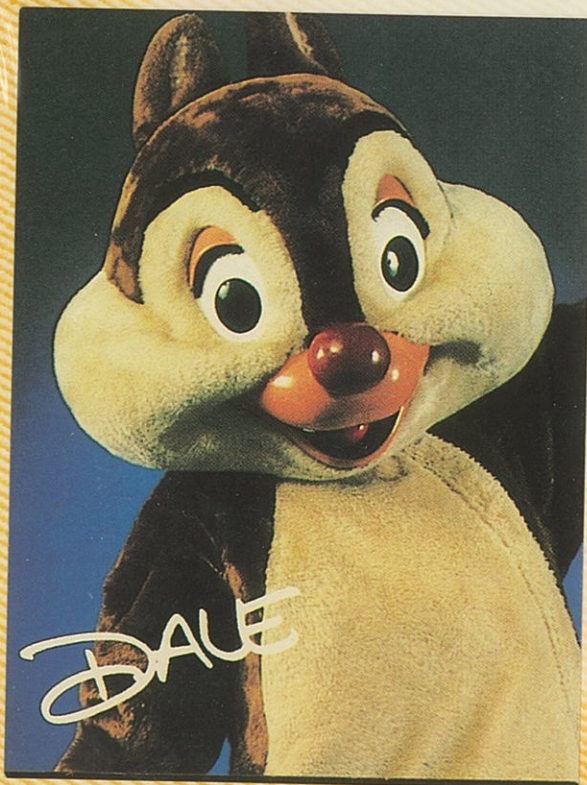













FLAGLER'S

... An Italian Restaurant






DeAngelis
NAME _____
DATE _____
IN PARTY _____
TABLE NO. _____

*When seating begins,
please return to the
entrance and we will escort
you to your table.*

TOP OF THE WORLD
DISNEY'S CONTEMPORARY RESORT





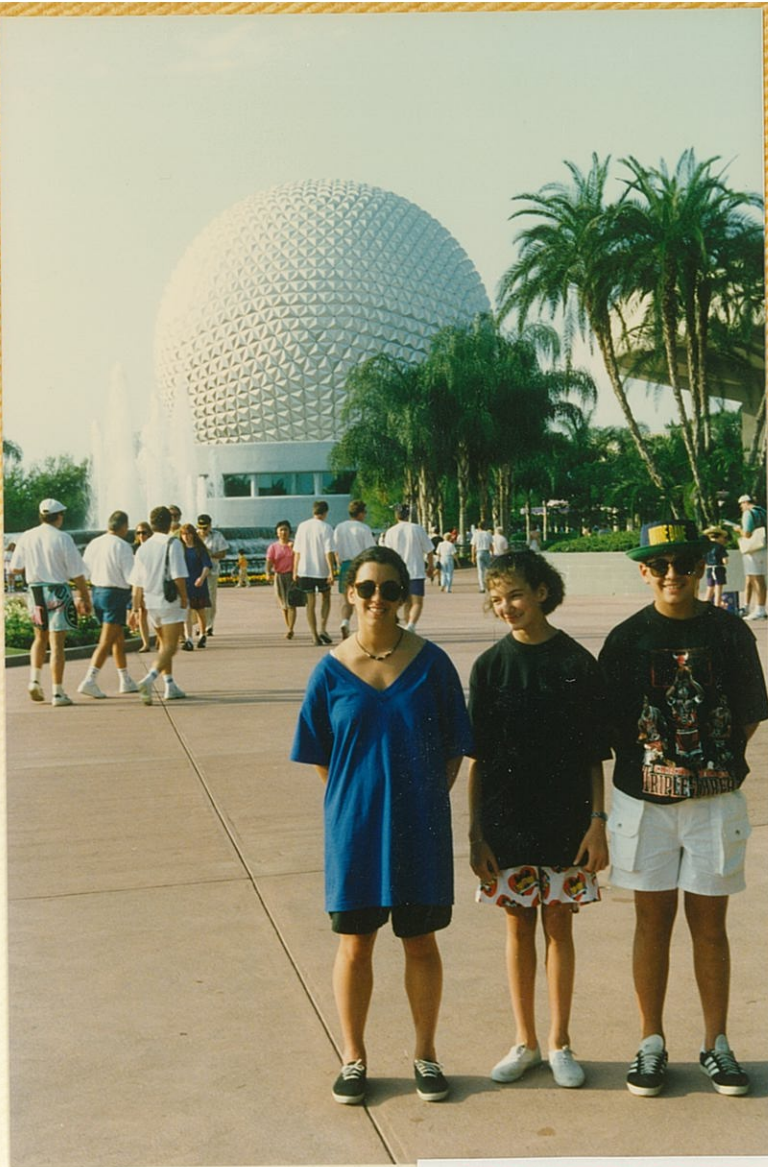
HOOP
DEE DOO
REVUE











FUTURE WORLD







③ San Angel Inn Restaurant — Traditional Mexican dining. Dos Equis and Tecate beers, margaritas. Reservations recommended. Lunch and dinner.

WORLD SHOWCASE





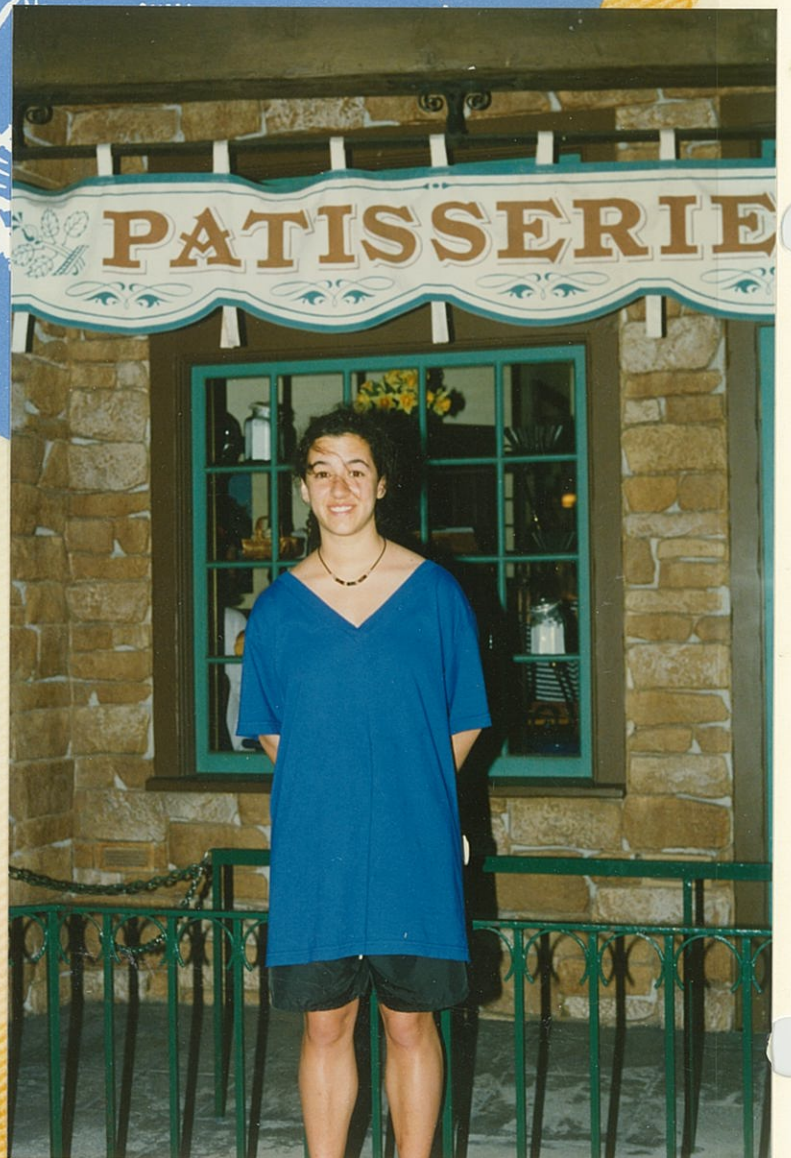




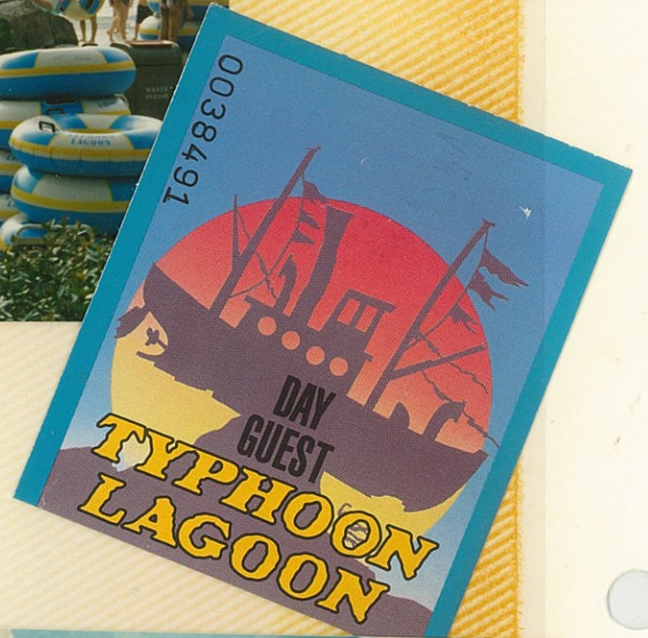
A dream is a wish your heart makes.

① **L'Originale Alfredo di Roma Ristorante** — Veal, seafood, chicken and pasta. World-famous Fettucine all'Alfredo. Italian wines, beer and spirits. Reservations recommended. Lunch and dinner.

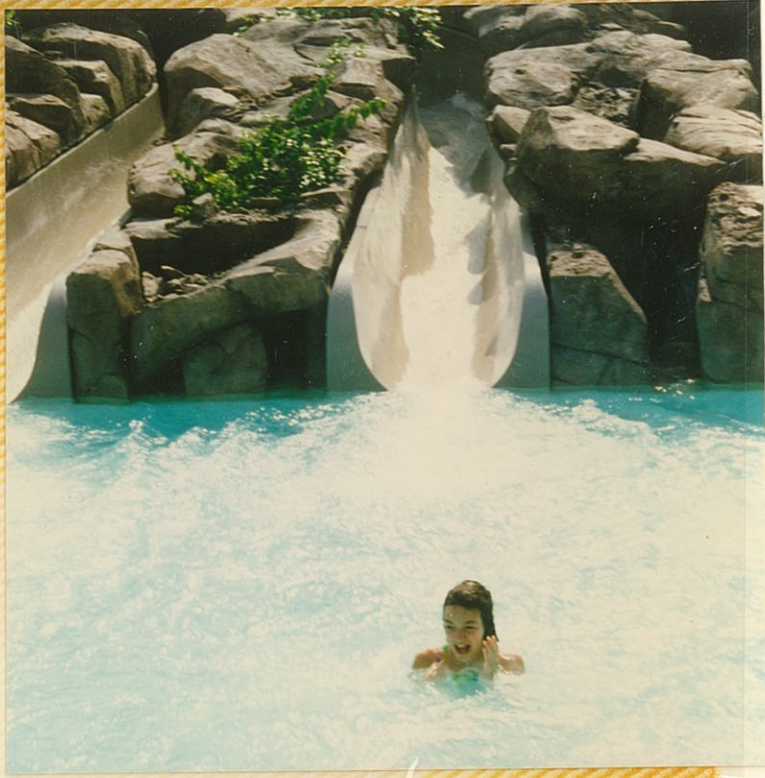










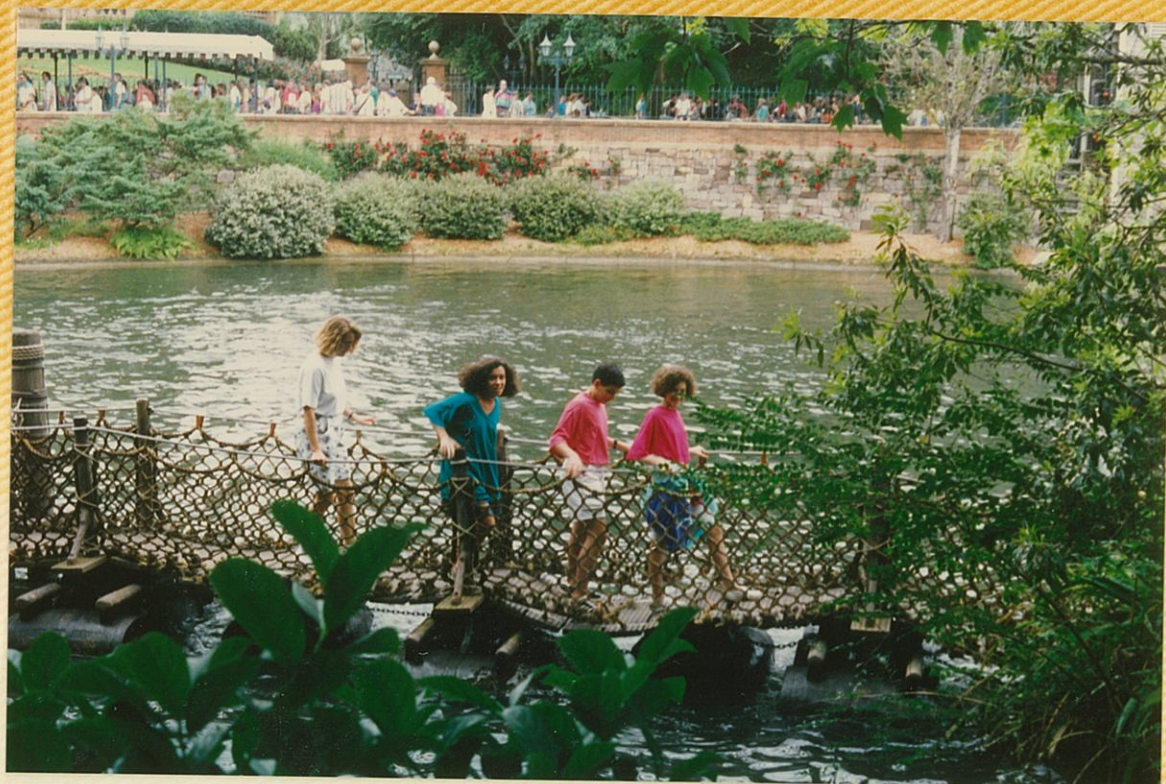


Kristen



Matt





Polynesian Revue: Polynesian Village Resort;
Luau Cove



If your heart is in your dream,
no request is too extreme.





ABOARD THE EMPRESS LILLY



The Empress Room: The most amazing thing about this restaurant (located amidships on the Promenade Deck) is not its food (though the menu is one of WDW's most ambitious), but the combination of service and atmosphere. The Louis XV decor includes painted-wood paneling, damask wallpaper, a shallow-domed ceiling with an Italian brass chandelier glittering with crystal droplets, and, between the tables-for-four along the wall, dividers fitted out with etched glass. Parts of the elaborate moldings are covered with real gold leaf (worth \$8,000 when the *Empress Lilly* was constructed in 1977).



We weren't at MGM
only 5 minutes when
Kristen + Matthew
made new FRIENDS!

"SNEAKER" From
"HONEY, I BLEW UP THE KID"





5 Mama Melrose's Ristorante Italiano:



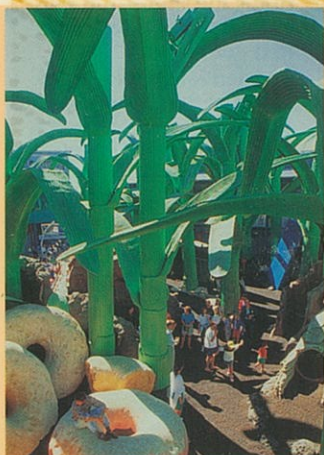


New York Street — Get a close look at forced perspective “buildings” that turn two blocks into an entire cityscape, and stroll the sidewalks of New York

The Great Movie Ride



Jim Henson's Muppet★Vision 3D



Honey I Shrunk The Kids Movie Set Adventure — Roam through 20-foot-tall blades of grass, come toe-to-toe with giant insects, and discover what it means to be miniaturized — just like the kids in the hit comedy motion picture. Designed for children ages 4 and up.





Don Knotts



Star Tours — Zoom toward the Moon of Endor on a runaway Starspeeder piloted by a loony robot in the ultimate **Star Wars**™ Thrill Ride from the creative forces of Disney and George Lucas.

1 The Hollywood Brown Derby: Reservations available at the door. Enjoy fine dining in the tradition of the famed Hollywood restaurant, complete with its "Wall of Fame" caricatures of favorite stars.





34 50's Prime Time Cafe/Tune In Lounge:

Reservations available at the door. It's just like dining in your favorite TV sitcom! Mom's in the kitchen cooking up your homestyle favorites. Laugh along with vintage TV sitcoms at your 50's-style kitchenette table while enjoying hot and cold specialty platters, gourmet sandwiches and soda fountain treats.



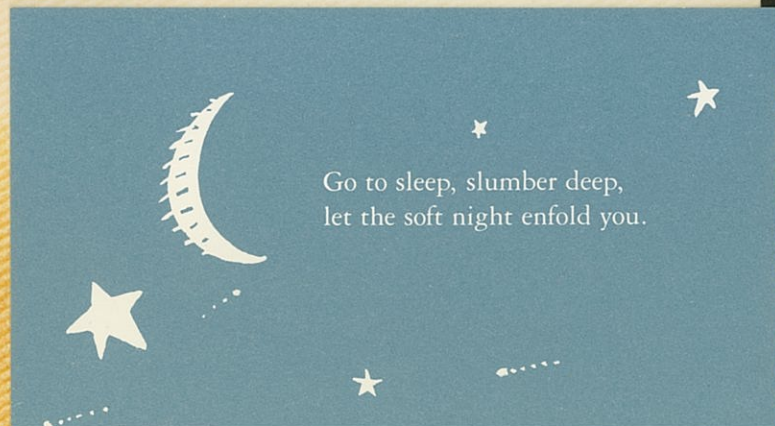
KRISTEN BEING PUNISHED BY GUSTON "GUS" HE MADE HER STAND, FACING THE WALL FOR GIVING HER FATHER SO MANY GRAY HAIRS







Catastrophe Canyon — A perilous journey through a unique outdoor set.





Mr. and Mrs. Anthony DeAngelis,
On behalf of the entire cast at Disney's Grand Floridian
Beach Resort-we hope your stay was pleasant.

George A. Kalogridis
General Manager

from Mickey and the gang,

Until next time





KRISTEN
in
PARIS
July '92













1992 NEWS TRIBUNE

GIRLS TRACK ALL-STARS



Kristen DeAngelis/Watertown
Despite missing three meets due to illness, junior Kristen DeAngelis posted a sterling 5-1

record in the mile. After dropping her first race upon her return, she ripped off five consecutive victories. Her best time was 5:40 and she garnered a seventh-place finish in the state Class C Meet.

A three-season runner and member of the National Honor Society, DeAngelis has gotten the attention of Ivy League schools Bucknell and Dartmouth. A familiar face among Watertown runners, she logs 20-40 miles per week in training.

"She is also the other leader of the team," stated Red Raider coach Charles Smith. "This is a girl who gives it all — no matter what, she gives 120 percent. She's one of the team's hardest workers."

DeAngelis is ranked second in her class, runs the mile and mile relay in the winter, and runs cross country in the fall.



Eleni Andriolatos/Watertown

Eleni Andriolatos became the best triple jumper in Watertown High history this past spring by clearing 32 feet, 10 inches. She finished the season with a 6-3 mark in the triple jump and earned the third spot in the Middlesex League Meet at the end of the season.

A junior, Andriolatos also ran the 100-yard dash (13.3) as well as collaborating on the 4X100 relay team. She was a double winner in both the 100 and triple jump against Winchester, Melrose, and Burlington. She was one of the team's most consistent performers.

"She's one of the team leaders and leads by example," said Red Raider coach Charles Smith. "The other kids look up to her. She was definitely one of the stars of our team. She could do a bunch of other events, but we are only allowed to run in so many."



DeAngelis, WHS freshmen runners keep pace

Boys' soccer throws scare into one of league's elite; golfers

Compiled by sports staff

Watertown senior Kristin DeAngelis, competing in the varsity unseeded race, finished ninth to highlight an impressive performance by a number of Watertown runners at Saturday's State Coaches Meet at Franklin Park in Boston.

Watertown High School

ROUNDUP

"She's definitely quality enough to be put in the seeded heat," Watertown coach Larry Sullivan said. "We only did that because we didn't have a team entered."

DeAngelis, who was undefeated through Watertown's first two league meets this season, ran the 3.1-mile course in 20 minutes, 31 seconds.

Also for Watertown, junior Kate Porter was 97th in 24:30.

Two boys raced in the unseeded meet. Sophomore Anthony Gentile ran a 19:08 and sophomore Lithotomos ran a 21:33.

Watertown also entered its freshman girls team and they finished

"If the kids stay with it, we should have a decent team."

Larry Sullivan
WHS cross country coach

fifth, garnering 299 points.

Danielle Deagle led the Raiders by finishing 39th in 13:24 over a course that runs approximately 1.3 miles.

Rachel DeAngelis was 43rd in 13:31, Tara Lombardo was 66th in 14:13, Katie Harrington was 74th in 15:07, Katie Holcomb was 77th in 15:19, and Angela Balouras was 87th in 16:23.

The Saturday performance brightened prospects for the future. The young Raiders, who lost their first two league races (both teams), are still gaining experience in dual meets.

"We've got 17 kids on the (combined boys' and girls') roster and for 14 of them, this is their first year doing cross country," Sullivan said.

"I know it's going to be a learning experience for the year but I'm really encouraged to get that kind of a turnout. If the kids stay with it, we should have a decent team."

The Raiders expect to be chasing the Middlesex League frontrunners for most of this year, although they are looking for a big finish.

"I'm looking ahead to the league meet," Sullivan said. "It would be nice to fare well there and gain sort of a measure of revenge at that stage."

The Watertown Sun Wednesday, October 14, 1992

DeAngelis leads WHS runners

Compiled by sports staff

Senior tri-captain Kristen DeAngelis once again was the overall winner, but the Watertown High girls cross country team ended up on the losing end of a 23-38 score, falling to visiting Woburn last Friday in a Middlesex League meet.



Watertown High School CROSS COUNTRY

Despite a driving rain, DeAngelis completed the 3-mile course in a time of 19:44. She was two minutes ahead of the Raiders' second finisher, junior Kate Porter, who was fourth overall with in 21:44.

Freshman Tara Lombardo was Watertown's third placer, running a vastly improved time of 24:59 to come in 10th. Taking 11th and 12th and rounding out the Raiders' top five finishers were freshmen

Danielle Deagle (26:36) and Rachel DeAngelis (26:46).

Also completing the race for Watertown, which dropped to 0-6, were freshman Rena Abdul-Messih (27:27), senior tri-captain Jeanne Boudreau (27:33), and freshmen Katie Harrington (27:40) and Angela Balaouras (28:00).

"I think it was good effort for everybody," said Watertown coach Larry Sullivan. "The times were a little bit slow because of the rain. It was a real strong race for Tara Lombardo. She went for it from the first mile. She's coming along real strong. If the freshmen keep improving, they're going to make these last few meets really interesting."

Boys stumble against Woburn

Despite a pair of season-best

efforts, the Watertown boys' cross country team dropped its sixth straight meet with a 16-47 Middlesex League loss to visiting Woburn on Friday.

Sophomore Anthony Gentile placed fifth overall, finishing the 3-mile course in 17:47.

finishing in the No. 9 through 12 positions were sophomore Paul Lithotomos (20:43), junior captain Brian Flora (21:43, his best of the season), junior Mike Walsh (23:13) and freshman John Reyes (24:15, a personal-best time).

"Woburn's got real good numbers and they run in packs," said Sullivan, the Watertown coach. "They can just do a lot of things we can't. I knew it was going to be that way."

WHS runners look to league meet

By JERRY SPAR
Sun Sports Editor

The Watertown cross country teams are at the point where they can best demonstrate if they have improved over the course of the season.



Watertown High School

CROSS COUNTRY

Despite unimpressive records, the Raiders can go into the Middlesex League meet (Nov. 3 at the Woburn Country Club) and earn some respect.

The girls, who won their first meet last Tuesday over visiting Winchester, have come along with a young but promising group.

"The girls lost a lot of people since last season," Watertown coach Larry Sullivan said. "A number of freshmen have come out and they have had to learn the sport and get into shape. I'm happy with the progress they've made. I think they're ready to step in and do some scoring.

"We're pointing to the league meet," Sullivan added. "We think we have a chance to beat some teams we lost to in the regular season."

The girls, 1-7 after beating Winchester, are led by senior tri-captain Kristen DeAngelis, who won her sixth race of the season when she beat Winchester's Sarah Bonnell last week. DeAngelis was a league all-star last season and will undoubtedly repeat the honor this fall.

"DeAngelis had a good year last year, but this year she's really come into her own and is racing very well," Sullivan said. "She was always conscientious about working hard and she has maintained a good level of fitness.

Sullivan is looking for DeAngelis and the Raiders to have a successful postseason.

"I'd like to see her qualify for all-state," Sullivan said. "At the EMass meet (Nov. 14 at Franklin Park in Boston) she has a chance to qualify as an individual. As a team,

last year's girls' team was 13th, with over 300 points. We may do better but don't project to finish in the top 5, which would qualify us.

DeAngelis who also runs track, has led an otherwise inexperienced group of Raiders all season.

"The pressure has kind of been on her because it's such a young squad," Sullivan said. "The pressure is on for her to get that first point."

The other two key upperclassmen on the squad are senior tri-captain Jean Boudreau and junior Kate Porter. Among the top freshmen are Tara Lombardo, Danielle Deagle, Katie Harrington and Rachel DeAngelis, Kristen's sister.

A number of Raiders ran personal-best times in Watertown's 25-32 victory last Tuesday.

Kristen DeAngelis was the overall winner, racing across the 3-mile course in a time of 19:31.

Porter placed third overall in a personal-record time of 21:21.

The Raiders clinched the meet by sweeping the sixth through ninth positions, all in personal-best times. Lombardo took sixth in 23:20, followed by Boudreau in 23:22, Deagle in 23:31, and Rachel DeAngelis in 23:37.

"They really did exactly as I asked, to get in front of the (Winchester) girls," said Sullivan. "It seem like they settled into a little pack and kind of pulled each other along. Coming across four in a row kind of sealed it for us. It was good to see."

Also racing to personal-best times were Harrington (25:10) and fellow freshmen Rena Abdulmessih (27:17), Katie Holcomb (28:40) and Angela Balaouras (28:45).

Boys have reason to look to future

While the girls could make some waves at the league meet, the boys may have to be satisfied with the experience they gain.

"The boys could be a longshot,"

(See **HARRIERS**, page 3B)

Harriers

(From page 1B)

Sullivan said. "We have some individuals who may do well, but as a team, we're a year away."

The boys are led by a pair of sophomores, Anthony Gentile and Paul Lithomos.

"Anthony Gentile has been our top runner all year long," Sullivan said. "I think he could finish up there. Paul Lithomos is another sophomore who has shown a lot of improvement."

The boys remained winless on the year when they lost to Winchester 17-46 last Tuesday at home.

The Raiders' top finisher was Gentile, whose 17:34 was good enough for fourth overall. It was Gentile's best-ever time on the Watertown course.

Lithomos took 15th overall in 20:11.

Junior captain Brian Flora placed 18th in 21:43, followed by sophomore Matt DeAngelis (19th, 21:52).

B

The Watertown Sun Wednesday, November 4, 1992

WHS girls' harriers nearly upset Belmont

By JERRY SPAR
Sun Sports Editor

Watertown senior Kristen DeAngelis finished first and the Watertown girls cross country team gave Belmont a scare before dropping a 27-28 decision Friday afternoon in Belmont.



The performance by the Raiders (1-8) was a boost heading into Tuesday's Middlesex League meet at the Woburn Country Club.

"I was happy with the way they ran," Watertown coach Larry Sullivan said. "I told them going in I thought they had a shot at it. Belmont was the league co-champ last year, so being a point down on their course tells me that our team is heading in the right direction."

DeAngelis finished first for the seventh time in nine league meets

this fall. She ran the 2.8-mile course in 18:30 and was not pushed, taking the lead from the start and winning by 52 seconds.

Also for Watertown, junior Kate Porter finished third overall in 20:03. Freshmen Tara Lombardo (21:18), Danielle Deagle (21:19) and Rachel DeAngelis (21:22) took places seventh through ninth. Senior tri-captain Jeanne Boudreau was 12th in 22:08.

The Watertown boys (0-9) did not fare as well Friday, dropping a 15-50 decision, also at Belmont. Sophomore Anthony Gentile was the Raiders' top finisher, coming in eighth overall.

Gentile and classmate Paul Lithotomos are the Raiders' top threats for a strong finish at tomorrow's league race.

"Individually, I would like to see Anthony and Paul keep improving," Sullivan said. "As a team, we have a young bunch and we'll look to next year to build from there."

Raider runners finish strong

DeAngelis qualifies for championships

Despite a lackluster 1-8 season for the Watertown High girls cross country team, the Raider harriers have come on strong at the end of the season behind Kristen DeAngelis.



The senior captain's time of 19:46 over the three-mile course earned her eighth place overall in Division 3 at last Saturday's State Class Meet and earned her a spot in the state championships this weekend.

Watertown coach Larry Sullivan was unable to track down junior Kate Porter's time due to a computer problem, but was at the finish line to time freshmen Tara Lombardo (22:48), Danielle Deagle (23:50) and Rachel DeAngelis (23:52).

The Watertown boys were led by sophomore Matt DeAngelis (20:38) and classmate Paul Lithotomos (20:39). Junior captain Brian Flora (21:34) and junior Mike Walsh (22:57) had solid days as well.

"The high point was probably (DeAngelis') performance," said Sullivan. "She ran a very even race and cracking the top 10 was really something. I knew she'd have a shot at qualifying, but it was really great to actually see her qualify. It's a nice conclusion to the season."

EMASS CHAMPIONSHIPS

at Franklin Park
(3 miles)
BOYS

Division 1

1. Jesse Cody, Cambridge R&L, 14:55; 2. Jon Russell, St. John's Prep, 15:07; 3. Matt Haywood, St. John's Prep, 15:19; 4. Jon Way, Barnstable, 15:21; 5. Ben Almada, Plymouth, 15:35; 6. Matt DeAngelis, St. John's Prep, 15:39; 7. Ronnie Ferreira, Duxbury, 15:41; 8. Luke McGuinness, BC High, 15:43; 9. Ricky Cruz, Lowell, 15:44; 10. Seth Williams, Plymouth, 15:44.

Team scores

1. St. John's Prep 44; 2. Plymouth 122; 3. Chelmsford 156; 4. BC High 181; 5. Lexington 230.

Individuals qualifying for state meet

Cody, Way, Ferreira, Cruz, Jason Hunter, Weymouth; Paul Lordan, Medford; Nasim Malik, Cambridge R&L.

Division 2

1. Jamie Bianchi, Natick 15:33; 2. Bryan Day, Dennis-Yarmouth, 15:55; 3. Steven McCann, Norwood, 16:03; 4. Justin Souza, Dennis-Yarmouth, 16:05; 5. Mike Forrest, North Attleboro, 16:07; 6. Tom Newton, Whitman-Hanson, 16:08; 7. Bill Wallace, Wakefield, 16:10; 8. Ryan Wagner, Marshfield, 16:16; 9. Adam Chase, Newton South, 16:17; 10. Jeff Totten, Dennis-Yarmouth.

Team scores

1. Dennis-Yarmouth 68; 2. Whitman-Hanson 115; 3. Braintree 171; 4. Gloucester 181; 5. North Attleboro 194.

Individuals qualifying for state meet

Bianchi, McCann, Wallace, Wagner, Chase, Michael Tremberth, Reading; Eric Takach, Tewksbury.

Division 3

1. Brian Dowd, Duxbury, 15:28; 2. Adam Walker, Stoneham, 15:29; 3. Mike Welsh, Walpole, 15:30; 4. Charlie Stock, Foxboro, 15:31; 5. Travis Landreth, Newburyport, 15:51; 6. Max Delaney, Walpole, 15:57; 7. Eric Labaugh, King Philip, 15:58; 8. Bill Dunphy, Bishop Feehan, 16:10; 9. Derek Smith, Duxbury, 16:11; 10. Ryan Carrara, Holliston, 16:12.

Team scores

1. Walpole 84; 2. Duxbury 91; 3. Dighton-Rehoboth 166; 4. Bishop Feehan 168; 5. Holliston 203.

Individuals qualifying for state meet

Walker, Stock, Landreth, Labaugh, Keith Rogers, Stoneham; Scott Asgoog, Hamilton-Wenham; Russell Patenaude, Fairhaven.

Division 4

1. Zack Smith, Abington, 15:50; 2. Michael Donnelly, 16:21; 3. Wan Park, Seekonk, 16:16; 4. Steve Robinson, Bedford, 16:20; 5. Thomas Sanchez, North Reading, 16:23; 6. Tony Richards, Bedford, 16:27; 7. John Lund, Seekonk, 16:28; 8. Jason Grillo, Lynnfield, 16:29; 9. Jeff Ziewacz, Old Rochester; 10. John Mullane, Winthrop, 16:44.

Team scores

1. Pentucket 104; 2. Old Rochester 138; 3. Seekonk 141; 4. Norwell 205; 5. Weston 256.

Individuals qualifying for state meet

Smith, Donnelly, Robinson, Sanchez, Richards, Grillo; Richard Seltnerich, Georgetown.

GIRLS

Division 1

1. Deirdre Milligan, Brockton, 18:14; 2. Lena Entin, Cambridge R&L, 18:21; 3. Jenny Martin, Newton North, 18:23; 4. Stacey Keane, Chelmsford, 18:31; 5. Rebecca Dennison, Lexington, 18:46; 6. Heather Boussy, Weymouth, 19:06; 7. Michelle LaPlume, Attleboro, 19:11; 8. Victoria Soares, Duxbury, 19:17; 9. Michele Tetrault, New Bedford, 19:19; 10. Nadira Corcoran, Haverhill, 18:24.

Team scores

1. Duxbury 107; 2. Newton North 122; 3. Cambridge R&L 152; 4. Haverhill 168; 5. Brockton 182.

Individuals qualifying for state meet

Keane, Dennison, Boussy, LaPlume, Tetrault, Sarah Correia, Falmouth; Lisa Ray, Lowell.

Division 2

1. Eliza Beardslee, Newton South, 18:35; 2. Tammy Wilcox, Lincoln-Sudbury, 18:39; 3. Heather Farrand, Tewksbury, 18:44; 4. Maggie Kessler, Dennis-Yarmouth, 18:48; 5. Christine Miley, Norwood, 18:55; 6. Lindsay Willard, Westford, 18:57; 7. Kim Farrand, Tewksbury, 18:59; 8. Molly Hillis, Newton South, 19:14; 9. Karen Wagner, Whitman-Hanson, 19:28; 10. Suzanne Lewis, North Quincy, 19:32.

Team scores

1. Newton South 72; 2. Tewksbury 88; 3. North Quincy 117; 4. Lincoln-Sudbury 136; 5. Dennis-Yarmouth 179.

Individuals qualifying for state meet

Miley, Willard, Wagner, Ava Gardiner, Burlington; Jessica Blake, North Attleboro; Molly Dunlap, Hingham; Katie Gomes, Bishop Fenwick.

Division 3

1. Claire Kelley, Walpole, 18:19; 2. Kathleen Woodson, Walpole, 18:57; 3. Katie Cozzens, Fairhaven, 18:59; 4. Rachel Bartlett, Duxbury, 19:20; 5. Samantha Williams, Stoneham, 19:21; 6. Sharon McNulty, Bishop Feehan, 19:25; 7. Jen Wu, Holliston, 19:34; 8. Kristen DeAngelis, Watertown, 19:46; 9. Maureen McIsaac, Foxboro, 19:50; 10. Tracie Ryan, Notre Dame, 19:51.

Team scores

1. (tie) Notre Dame and Stoneham 111; 3. Bishop Feehan 164; 4. Walpole 169; 5. Newburyport 219.

Individuals qualifying for state meet

Cozzens, Bartlett, Wu, DeAngelis, McIsaac, Katevi Noone, Danvers; Mary Anne Murphy, Dighton-Rehoboth.

Division 4

1. Sarah Pond, Old Rochester, 18:29; 2. Caitlin Hurley, Bedford, 18:53; 3. Jessica Tallman, Old Rochester, 19:13; 4. Jocelyn Chapman, Medway, 19:24; 5. Meredith Unger, Medfield, 19:27; 6. April Wernig, Bellingham, 19:39; 7. Brandi Beach, Winthrop, 19:49; 8. Amanda Opdyke, Norwell, 19:51; 9. Jess Kinney, Hopkinton, 19:52; 10. Heather Dye, Hopkinton, 19:55.

Team scores

1. Hopkinton 77; 2. Norwell 129; 3. Seekonk 148; 4. Old Rochester 151; 5. Bishop Connolly 157.

Individuals qualifying for state meet

Hurley, Chapman, Unger, Wernig, Beach, Linda Farnham, Carver; Jamie Anderson, West Bridgewater.

11/92

WHS track teams send out message

(From page 1B)

meet with a time of 41.6 in the 300. Teammate Kim Flores also qualified for the states in the 300, running 42.5, good for second place.

Dependable senior Kristen DeAngelis won the mile in 5:46.8. Katelyn Studley was Watertown's other winner, capturing the 45-yard dash in 6.1 seconds. Andriolatos ran second in that event with a time of 6.3 seconds. Those points were key, as that event was just before the relay and it gave Watertown the chance to win.

Also for the Raiders, Rogers took second in the 2-mile run (13:38.1), Tara Lombardo was third in the same event (14:19.8), Antonella Miccalizzi was third in the shot put (25 feet), Kate Porter was second in the 1,000 (3:13.2), Fahey was second in the 600 (1:44.1), Kelly Brustus was third in the 600 (1:45.4), Heather Watson was second in the 45 hurdles (7.5) and Kendra Medville (7.7) was third in the same event.

The Watertown boys were keyed by the effort of Eric Nowicki. Nowicki jumped 5-6 for second place in

the high jump and then sprinted over to the track for the 600. In that race, he grabbed an early lead and coasted to victory in 1:29.6.

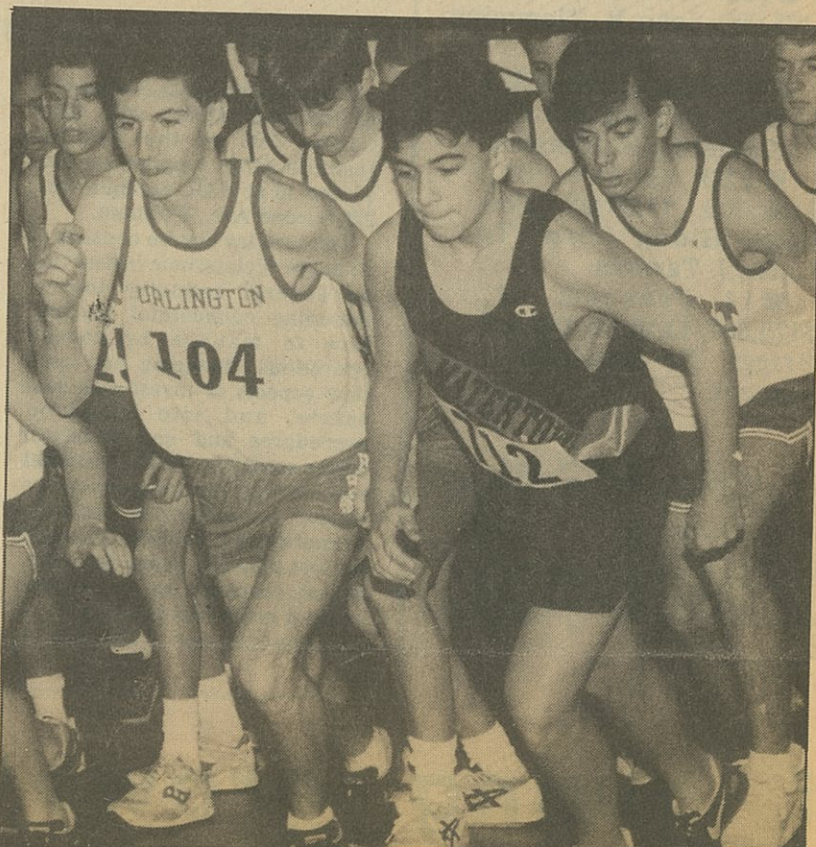
"My kids are ecstatic. It was great for us. We took (three) first places. We're happy as hell."

George Smith
WHS boys' track coach

Junior Jeff Miller won the 45-yard dash in 5.5 seconds and Brian O'Reilly won the 300 in 37.6.

Junior Rich Connelly was second in the 300 (38.3), Brian Griffin was second in the 2-mile run (11:35.0), junior Matt Wade was second in the shot put (38-5), Tony Gentile was second in the 1,000 (2:48.8), Matt DeAngelis was second in the mile (5:14.4) and, in the 45 hurdles, Shawn Huber ran second (7.0) and Nate Dushku was third (7.1).

Among the scenes during Watertown's season-opening meet vs. Burlington held at Lexington High School on Saturday were: Raider girls getting off to a strong start in the 1,000-yard race (above) and Watertown's Matt DeAngelis (in black) preparing for his second-place run in the mile.



Part 2 of 2
**WINTER
PREVIEWS**

On the right track

WHS indoor track team begins to build numbers

By JERRY SPAR
Sports editor

Indoor track and field is a game of numbers. Events, times, years — almost everything is recorded in digits.

But the number that most concerns Watertown is the amount of athletes who turn out for the sport. A few factors, mainly declining enrollment, have contributed to small teams at the high school in the recent past. This usually translates to little depth and less success.

The boys, winless last year, again are thin. The Raiders may have some individual success, but a team victory against schools with more bodies is a lofty goal.

"It's tough because we're really hurting for enrollment," boys' coach George Smith said. "Our boys enrollment is way down. Plus you have other sports — basketball, hockey — all fighting for the same kids."

On the other side, the girls have had a surprisingly strong turnout. Many of the athletes were members of the school's Division 2 state champion field hockey team. Girls' coach Charlie Smith (George's brother) said he thinks the players were spurred by each other to go out for the team.

Said Smith, "This was (the field hockey team's) best year in the last two or three and I think that had an effect. Some of the

girls talked it up with the other girls who had run track last year. Because they did so well in field hockey, they were enthusiastic about trying to become better athletes.

"We get a lot of field hockey players and I think it's a natural extension of the sport," Smith added. "I think it helps them with their speed and agility, plus we work on weights. We've got a good bunch from the field hockey team."

One such player is Middlesex League field hockey MVP Julie Fahey. Fahey, who was a senior co-captain, is slotted to run the 600 this winter.

"She was a late-comer," Smith said. "She's dynamite."

The team has four runners returning who qualified for last season's state meet: senior Kristen DeAngelis (mile), junior



Kristen DeAngelis

Girls go out for track

The girls show a surprisingly strong turnout. Many athletes were members of the school's Division 2 state champion field hockey team. See story page 1B

"I'm very optimistic and enthusiastic. We have such a large turnout and they're all good athletes. We finally have a little depth this year. We finally have a chance to do something."

Charlie Smith
WHS girls' track coach

Christine Moynihan (300), junior
Kate Porter (1,000), and sophomore
Bethany Rogers (600).

SPORTS

Watertown Sun



B.J. VERSOY PHOTO

Watertown High senior Kristen DeAngelis (12) was a consistent leader during cross country season, as she was in this meet at Belmont High, and she is expected to remain a force on the track.

DeAngelis is the only one of the four who did not play field hockey in the fall. She captained the cross country team and qualified for the states in that sport.

DeAngelis is also one of the

track team's senior tri-captains along with Eleni Andriolatis (sprints) and Jeanne Boudreau (1,000).

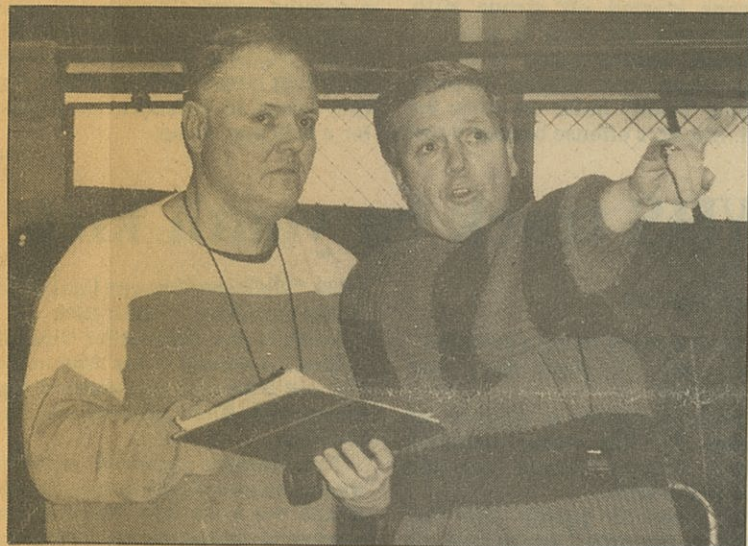
Other key performers on this year's team include senior Sue Fowler (2-mile), senior Antonella Micilizzi (shot put), sophomore Kendra Medville (hurdles), and junior Kim Flores, who will high jump along with Moynihan and Rogers.

The increased interest and a group of first-year runners have made Smith optimistic that the Raiders will be able to record more than two dual-meet victories, the win total of a year ago. However, just how much the team can accomplish is hard to

predict due to the number of new faces.

"I'm looking to improve on last year," Smith said. "We have a lot of new members, 11 freshmen, and it depends on how quickly they fill in. We'll know better after the first meet, when we see the reaction of the freshmen. But this is the largest freshman turnout, in fact the largest squad I've ever had."

"We have so many new ones that it's hard to get a handle on it, especially with so many young kids," Smith added. "It will be interesting to see how they jell. I'm very optimistic and enthusiastic. We have such a large (See RUNNERS, page 2B)



BONNIE BAKER PHOTO

Watertown High track coaches (and brothers) Charlie (left) and George Smith discuss strategy during a meet at Lexington High School.

The Watertown Sun Wednesday, January 6, 1993

WHS track stumbles

Girls hurt by field hockey celebration

Compiled by sports staff

For the first time in Massachusetts high school sports history, the field hockey season and the indoor track season overlapped. Just ask Watertown High girls' indoor track coach Charlie Smith.



Watertown High School TRACK & FIELD

A depleted Raider team, minus 10 field hockey players honored by the Watertown Rotary Club for winning the Division 2 state championship this past fall, fell to Stoneham 60-26 on Tuesday morning, Dec. 29, at Lexington High School.

Despite the lopsided result, the day was not a total loss for Smith and his runners. "It was nice because all these freshmen got a chance at varsity experience," said Smith, who thrust his younger charges into the varsity fray.

The 4x400-yard relay was comprised of four freshmen who under normal conditions would not see relay action for lack of experience.

The team did garner three first-place finishes. Senior Kristin DeAngelis remained undefeated in the mile run with a time of 5:44. The front-running DeAngelis beat the field even though Smith indicated it wasn't her best time.

"She can break 5:40, 5:37 when she's really on," said the coach. "She is one of the best in the league and she has beaten just about everybody in the league. They couldn't even catch her. She likes to get to the front and see what everyone is made of."

Watertown grabbed first and second in the 300-yard run when junior Kim Flores nosed out

freshman teammate Vivian Soghomonion by two-tenths of a second, finishing in 43.4. "They were 1-2 the whole way," said Smith. "Flores had the lead and Vivian tried to pass her at the end."

The Raiders' points were distributed evenly by distance. Junior Katelyn Studley took the dash in a time of 6.2. Once again Smith sees potential for faster times for Studley. "She can run a 5.9 easily," he said. Because of her outstanding technique getting out of the blocks, Studley has excelled at the short indoor distance.

Boys stumble vs. deeper squads

The Watertown High boys' track team went up against two of the league's stronger teams the past two weeks, and although the results were unfavorable for the Raiders, Watertown did manage its best point totals in recent years.

"We got hammered good against Reading (Dec. 22) and Stoneham (Dec. 29)," coach George Smith said. "But we got the most points we've scored against those teams in a long time."

Watertown lost to Stoneham 62-17 after falling 74-12 to Reading.

Highlights for the Raiders have come from a few individuals. Jeff Miller won the 45-yard dash against Reading and qualified for the states with a time of 5.4 seconds.

Brian O'Reilly was second in the high jump and Shawn Huber took third in the hurdles against Reading.

(See TRACK, page 2B)

WHS track on youth kick

(From page 1B)

"The kids are doing a good job," Smith said. "I don't have any complaints."

Smith planned a couple of changes for this week, including moving Anthony Gentile from the 1,000 to the mile.

"We hope to qualify him (for states) in the mile," Smith said. "I think he can run under five minutes."

Matt DeAngelis, who has been running the mile, will drop to the

1,000. "We'll see if we can light a fire under him there," Smith said.

Smith is also looking for O'Reilly to knock a second of his time in the 300 and hopes for continued strong efforts from Rich Connelly and Eric Nowicki.

The Raiders received a boost when a couple of additional athletes joined the team late, bringing the number of runners to 22, still among the smallest in the league.

"I'm not sure what the new guys will do," Smith said. "But just having the extra bodies helps."

WHS runners on track

Raiders earning respect in league competition

By JERRY SPAR
Sports editor

The surprising Watertown girls' track team is doing its best to prove that its strong start was no fluke and the point is being received by the Middlesex League.



Last Tuesday, Jan. 5, the Raiders rallied late to pull off a 45-41 victory over Melrose at Lexington High School.

On Saturday, also at Lexington, the Raiders nearly pulled off another win but settled for a 43-43 tie with Winchester.

"I thought we'd have a good chance going in but it would have been another upset if we would have won," Watertown coach Charlie Smith said. "I knew it would be a close meet. The kids did very well."

Smith was left feeling somewhat frustrated as Watertown (2-2-1) could not put Winchester away. The Sachemettes won the relay, the last event of the day, to forge the tie.

"After getting so close, you'd like to do it," Smith said. "To tie them was a feat for us, although it's not like we tied them — they tied us. We did very well."

Sophomore Penny Fairbairn took first in high jump, reaching 4-8 before stopping. Fairbairn led a Watertown sweep of the event. Juniors Christine Moynihan and Kim Flores both jumped 4-6 before stopping so they could line up for the 300.

In the 300, Moynihan took first, as she has done all season, with a time of 41.9. Flores ran second.

Senior Kristen DeAngelis won the mile with a 5:36, remaining undefeated in the league this season and easily besting her PR of 5:41.

In the 45-yard dash, junior Katelyn Studley was first in 6.0 seconds and senior Eleni Andriolatos was third.

Junior Bethany Rogers was second in the two-mile and freshman Tara Lombardo was third in the same race.

In the shot put, junior Heather Watson took second and senior Antonella Micalizzi was third.

Watertown regained the lead for good by taking first and third places in the mile. DeAngelis finished in 5:46 and junior Courtney Evans placed third in 6:03 to put Watertown up 33-30.

Watson (7.1) and sophomore Kendra Medville (7.2) took second and third in the 45 hurdles to keep Watertown in the lead, 37-35.

Smith. "The girls all did a heck of a job. I'm very satisfied. These kids really scrapped and did well."

Watertown jumped out to an early advantage when Rogers won the 2-mile in 13:03, followed by Lombardo in third (13:29). Moynihan then cleared 4-6 to win the high jump.

"The girls all did a heck of a job. I'm very satisfied. These kids really scrapped and did well."

Charlie Smith
WHS girls' track coach



B.J. VERSOY PHOTO

Watertown High's Kristen DeAngelis races to first place in the mile against Winchester Saturday morning in Lexington. DeAngelis is undefeated in the mile this season.

WHS runners on track

The girls' track team is doing its best to prove that its strong start was no fluke. See story page 1B



Kristen DeAngelis

VOL. LXXII, NO. 2

Wednesday, January 13, 1993

Raiders nearly KO Winchester

Watertown settles for 43-43 tie

LEXINGTON — The surprising Watertown High girls' track team nearly pulled off another victory Saturday morning, but settled for a 43-43 tie with Winchester in a Middlesex League meet at Lexington High School.

GIRLS TRACK

"I thought we'd have a good chance going in, but it would have been another upset if we would have won," Watertown coach Charlie Smith said. "I knew it would be a close meet. The kids did very well."

Smith was left feeling somewhat frustrated as Watertown (2-2-1) could not put Winchester away. The Sachemettes won the relay, the last event of the day, to forge the tie.

"After getting so close, you'd like to do it," Smith said. "To tie them was a feat for us, although it's not like we tied them — they tied us. We did very well."

Sophomore Penny Fairbairn led a

Watertown sweep in the high jump, clearing 4 feet, 8 inches for first place. Juniors Christine Moynihan and Kim Flores both jumped 4-6 before moving on to the 300 event.

In the 300, Moynihan took first, as she has done all season, with a time of 41.9. Flores ran second.

Senior Kristen DeAngelis won the mile in 5:36, easily besting her personal best of 5:41.

In the 45-yard dash, junior Kate-lyn Studley was first in 6.0 seconds and senior Eleni Andriolatos was third.

Sophomore Bethany Rogers was second in the 2-mile and freshman Tara Lombardo was third in the same race.

In the shot put, junior Heather Watson took second and senior Antonella Miccalizzi was third.

Also for Watertown, Watson was second in the hurdles, junior Kate Porter was second in the 1,000 and

GIRLS TRACK, See page 10



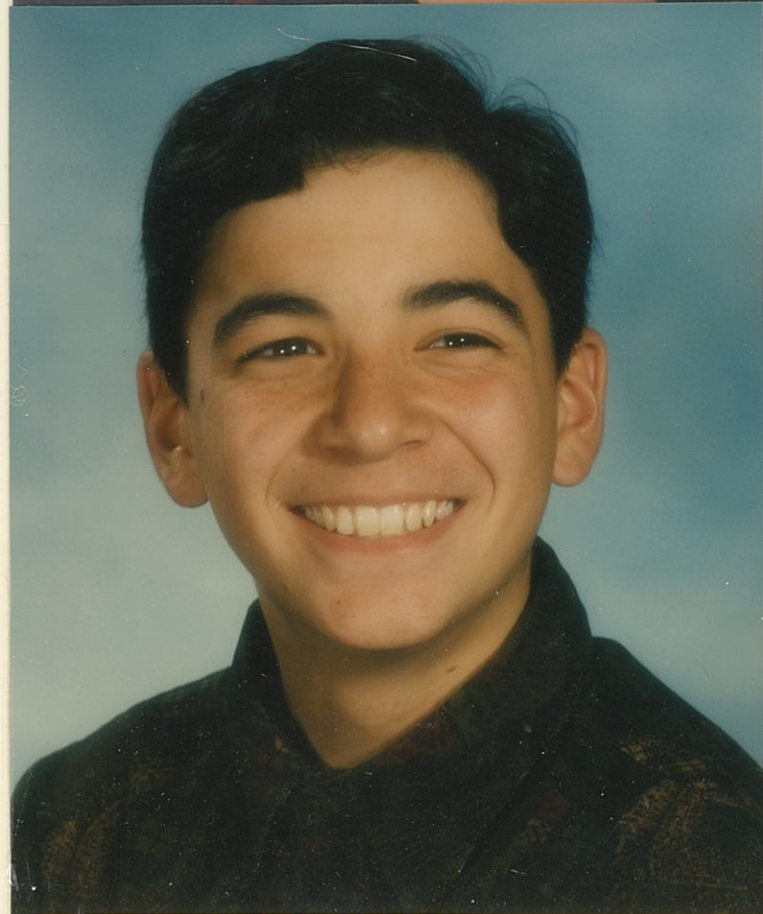
PHOTO BY BETHANY VERSOY

Watertown High's Kristin DeAngelis won the mile event in 5:36 during the Raiders'



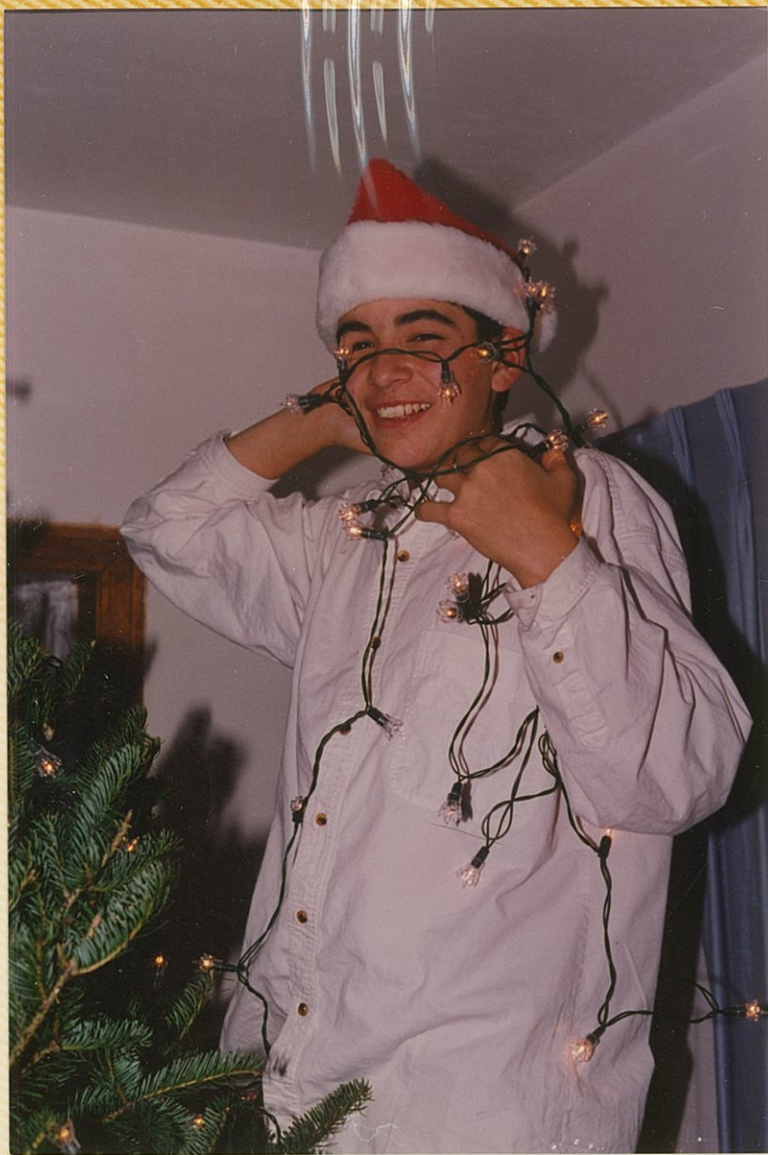


Kristen 17
Matthew 15
Rachael 14



DEC., 1992





Finally
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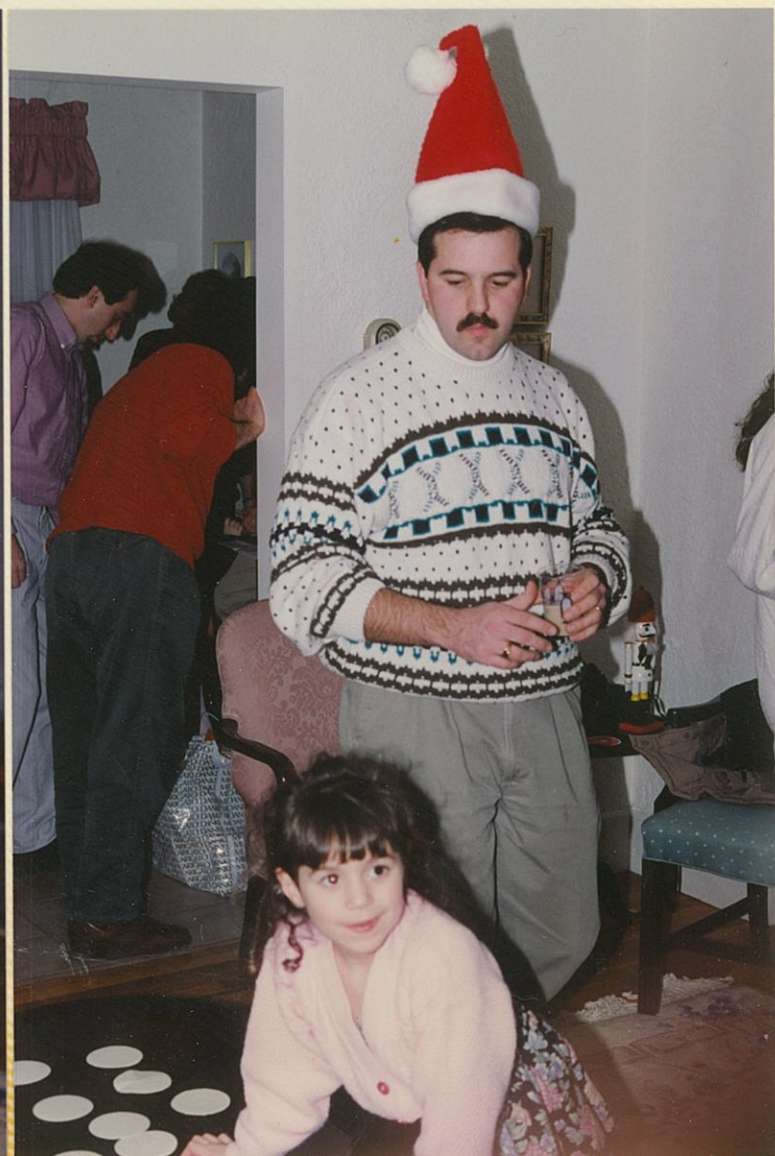
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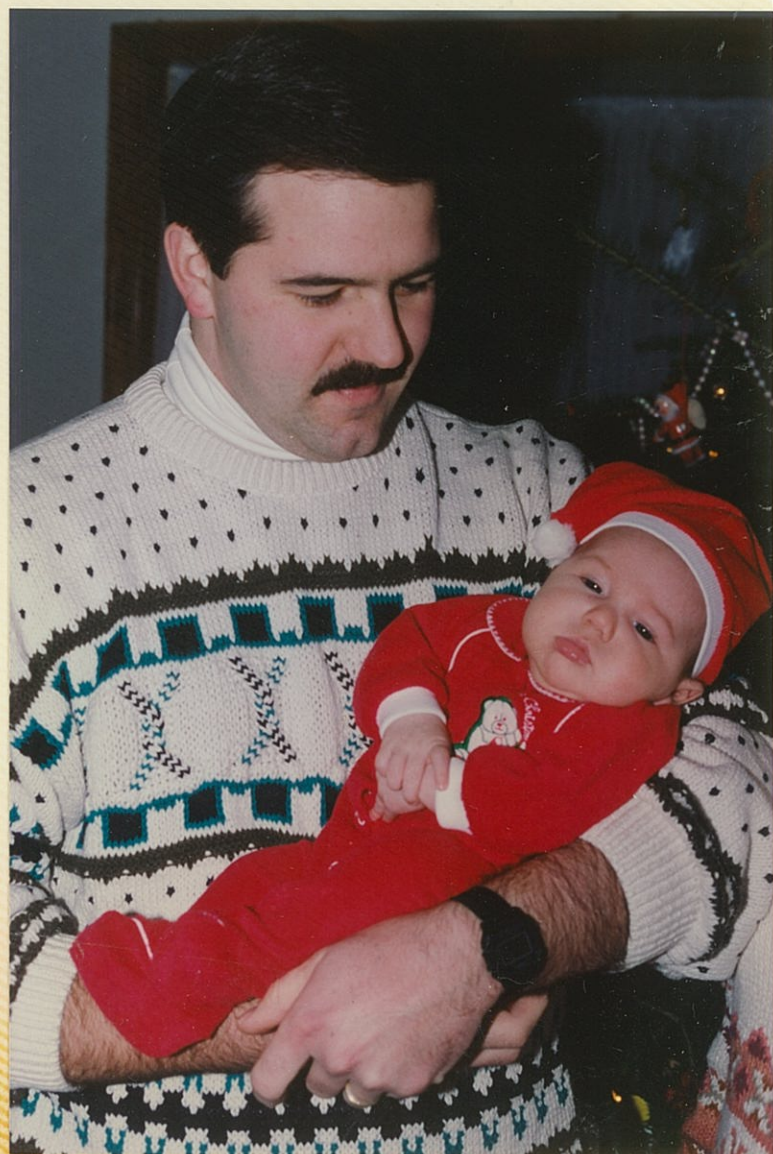
LIKE FATHER LIKE SON !



















CHRISTMAS MORNING











NEW
YEARS
DAY
'93





HONORS**Week's best**

Watertown High track star Kristen DeAngelis is the News Tribune Athlete of the Week.

PAGE 16

**WHAT'S ON TAP****Weekend meets**

Sectional wrestling, swimming, track meets highlight weekend schedule.

PAGE 18



the NEWS TRIBUNE 'ATHLETE OF THE WEEK' SPONSORED BY MAIN ST. FORD

IN THE SPOTLIGHT...
**KRISTEN
DeANGELIS!**

WATERTOWN HIGH
GIRL TRACK TEAM'S
SENIOR CAPTAIN'S
MILE WIN AGAINST
BELMONT HELP-
ED HER TEAM
TO DEFEAT
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52-43

Puff...
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SHE'S UNBEATEN
IN THE MILE IN
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THE SMALL
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TIME
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SHE ALSO RUNS
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CORNELL OR
LEHIGH

EDDIE GERMANO HARTE-HANKS COMMUNITY NEWSPAPERS



B.J. VERSOY PHOTO

During a recent Middlesex League meet at Lexington High School, Watertown High senior Kristen DeAngelis finds herself in her normal position — leading the field.



DeAngelis a mile-mannered success

Watertown High senior leads teammates off track, leads opponents on it

By JON WASSERMAN

Sports Correspondent

Watertown High girls track standout Kristen DeAngelis doesn't inspire her team with speeches or screams of encouragement. She just goes out and runs as hard as she can both in practice and in competition. To her teammates, that's inspiration enough.



Watertown High School

TRACK & FIELD

"Kristen isn't that vocal during practice," said Watertown coach Charlie Smith. "But the girls sure get a heck of a workout just trying to stay with her."

In fact, most Middlesex League runners have had trouble keeping up with DeAngelis as she has yet to lose in the mile in a dual-meet race this season.

To get an idea of the success she has had, one need only look to her one disappointment. In the State Coaches Invitational at Harvard on Jan. 31, DeAngelis had the flu but still managed to finish the mile in 5 minutes, 37 seconds, her personal best. The time was good enough for 10th

place.

"I know it was a personal record," said DeAngelis. "But if I hadn't had the flu I could have run a 5:34 or 5:33. I just didn't feel up to it."

Her success on the track has a lot to do with her commitment to running. DeAngelis, a senior, has run cross country and indoor and outdoor track since she was a freshman and has loved every minute of it. She trains all year long and, according to Smith, "is

pace from the gun.

"She gets out there and goes as fast as she can," said Smith. "The amazing thing is that she keeps up the pace and runs everybody down."

While DeAngelis is regarded as one of the top three milers in the Middlesex League and is all but a lock for league all-star status, she has not forgotten about her academic duties. She is ranked second in her class and is currently planning to attend

"Kristen isn't that vocal during practice. But the girls sure get a heck of a workout just trying to stay with her."

Charlie Smith

Watertown High girls track coach

one of my only runners you can see running around town every weekend."

"If you are a real 'trackie,' you take it seriously and train in the off-season and during the summer," DeAngelis said. "I like to take it seriously because the competition is fun."

DeAngelis is known around the league for setting a blistering

either Lehigh or Cornell in the fall, where she hopes to continue running.

DeAngelis is also looking forward to the State Class C Meet to be held at Harvard on Feb. 20. While she has qualified for the meet every year, this will be the first time 10 girls from her team will compete.

In addition to DeAngelis,

juniors Katelyn Studley and Heather Watson should help the Raiders (2-4-2) move up in the team standings. Studley made it to the semifinals of the 50-yard dash last week while Watson was eliminated in the quarterfinals of the 50 hurdles.

The girls' final meet of the season is Saturday at 1 p.m. against Belmont at Lexington High School.

Raider boys to send handful to state meet

In boys track action, the Raiders (0-8) prepare to send five competitors to the State Class C Meet. Senior Eric Nowicki qualified for both the high jump and the 50-yard dash. Nowicki is probably the Raiders' best hope for success.

"Eric has really been jumping consistently," said coach George Smith. "Last week against Billerica he almost cleared six feet."

The boys' final dual meet of the year is also against Belmont on Saturday in Lexington.









Kristen in Bonaire with Biology classmates
March 1993







